

Bigger business, bigger budget, better workplace health & wellbeing?

Workplace Health & Wellbeing Conference
May 2019



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~~80-hour weeks
Packed schedules
Super busy
Endless meetings
Overflowing inbox
Unrealistic deadlines
Can't sleep
Sunday-afternoon emails
No time to think
Stuck at the office
All-nighters
Chats blowing up~~

IT DOESN'T HAVE TO BE
CRAZY AT WORK



Thank you!

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